**RSGB FMAC & UKAC CONTEST LOG**

144Mhz FMAC Ranges: **144.5125** MHz **- 144.7875** MHz & **145.200** MHz - **145.400** MHz

144Mhz SSB Range: **144.150** MHz – **144.400** MHz – Centre of SSB Activity **144.300 MHz**

433Mhz FMAC Ranges:  **432.525** MHz **- 432.975** MHz & **433.400** MHz - **433.475** MHz

433Mhz SSB Range: **432.100** MHz - **432.400** MHz – Centre of SSB Activity **432.200** MHz

**STATION CALLSIGN: \_\_\_\_\_\_\_\_\_\_**  **MAIDENHEAD LOCATOR: \_\_\_\_\_\_**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **CALLSIGN** | RST  SENT | SERIAL  SENT | RST  RECEIVED | SERIAL  RECEIVED | MAIDENHEAD  LOCATOR | FREQUENCY  *(Optional)* | UTC  TIME |
|  |  | 001 |  |  |  |  |  |
|  |  | 002 |  |  |  |  |  |
|  |  | 003 |  |  |  |  |  |
|  |  | 004 |  |  |  |  |  |
|  |  | 005 |  |  |  |  |  |
|  |  | 006 |  |  |  |  |  |
|  |  | 007 |  |  |  |  |  |
|  |  | 008 |  |  |  |  |  |
|  |  | 009 |  |  |  |  |  |
|  |  | 010 |  |  |  |  |  |
|  |  | 011 |  |  |  |  |  |
|  |  | 012 |  |  |  |  |  |
|  |  | 013 |  |  |  |  |  |
|  |  | 014 |  |  |  |  |  |
|  |  | 015 |  |  |  |  |  |
|  |  | 016 |  |  |  |  |  |
|  |  | 017 |  |  |  |  |  |
|  |  | 018 |  |  |  |  |  |
|  |  | 019 |  |  |  |  |  |
|  |  | 020 |  |  |  |  |  |
|  |  | 021 |  |  |  |  |  |
|  |  | 022 |  |  |  |  |  |
|  |  | 023 |  |  |  |  |  |
|  |  | 024 |  |  |  |  |  |
|  |  | 025 |  |  |  |  |  |
|  |  | 026 |  |  |  |  |  |
|  |  | 027 |  |  |  |  |  |
|  |  | 028 |  |  |  |  |  |
|  |  | 029 |  |  |  |  |  |
|  |  | 030 |  |  |  |  |  |
|  |  | 031 |  |  |  |  |  |
|  |  | 032 |  |  |  |  |  |

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**STATION CALLSIGN: \_\_\_\_\_\_\_**  **MAIDENHEAD LOCATOR:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **CALLSIGN** | RST  SENT | SERIAL  SENT | RST  RECEIVED | SERIAL  RECEIVED | MAIDENHEAD  LOCATOR | FREQUENCY  *(Optional)* | UTC  TIME |
|  |  | 033 |  |  |  |  |  |
|  |  | 034 |  |  |  |  |  |
|  |  | 035 |  |  |  |  |  |
|  |  | 036 |  |  |  |  |  |
|  |  | 037 |  |  |  |  |  |
|  |  | 038 |  |  |  |  |  |
|  |  | 039 |  |  |  |  |  |
|  |  | 040 |  |  |  |  |  |
|  |  | 041 |  |  |  |  |  |
|  |  | 042 |  |  |  |  |  |
|  |  | 043 |  |  |  |  |  |
|  |  | 044 |  |  |  |  |  |
|  |  | 045 |  |  |  |  |  |
|  |  | 046 |  |  |  |  |  |
|  |  | 047 |  |  |  |  |  |
|  |  | 048 |  |  |  |  |  |
|  |  | 049 |  |  |  |  |  |
|  |  | 050 |  |  |  |  |  |
|  |  | 051 |  |  |  |  |  |
|  |  | 052 |  |  |  |  |  |
|  |  | 053 |  |  |  |  |  |
|  |  | 054 |  |  |  |  |  |
|  |  | 055 |  |  |  |  |  |
|  |  | 056 |  |  |  |  |  |
|  |  | 057 |  |  |  |  |  |
|  |  | 058 |  |  |  |  |  |
|  |  | 059 |  |  |  |  |  |
|  |  | 060 |  |  |  |  |  |
|  |  | 061 |  |  |  |  |  |
|  |  | 062 |  |  |  |  |  |
|  |  | 063 |  |  |  |  |  |
|  |  | 064 |  |  |  |  |  |